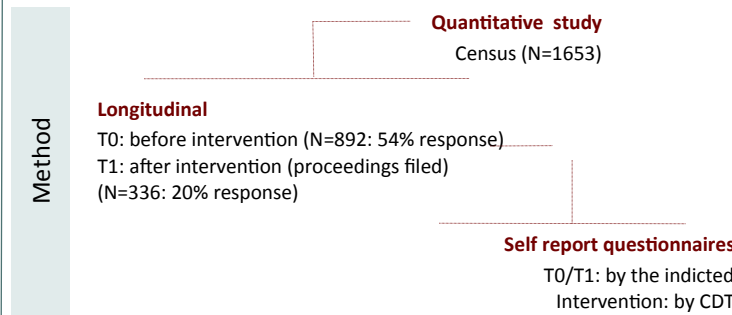


Effects of CDTs intervention in indicted drug users on:


- ⇒ Pattern of psychoactive substance use
- ⇒ Representations related with psychoactive substance use
- ⇒ Life style




- 
- Target population: Indicted
- who went to the CDT in the course of an administrative offence proceeding between 15/09 and 15/12, 2014
 - 18 and older
 - residents in continental-Portugal
 - Portuguese literate
 - in freedom
 - Not absolved
 - Proceedings filed until 31/03/2016

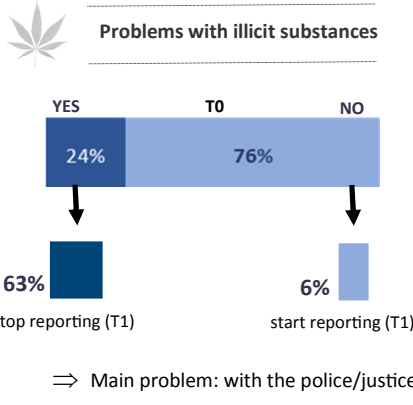
*CDT: Commission for the Dissuasion of Drug Addiction



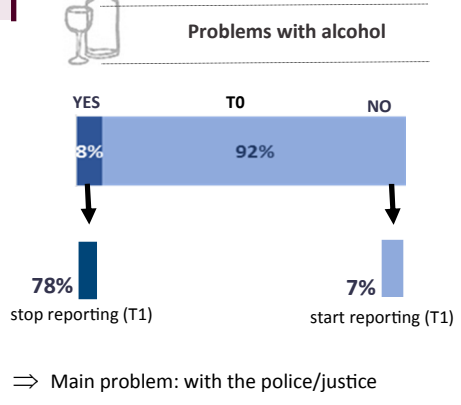
 Under those who maintain cannabis use, a third reduces frequency of use

Slight reduction in binge drinking frequency 

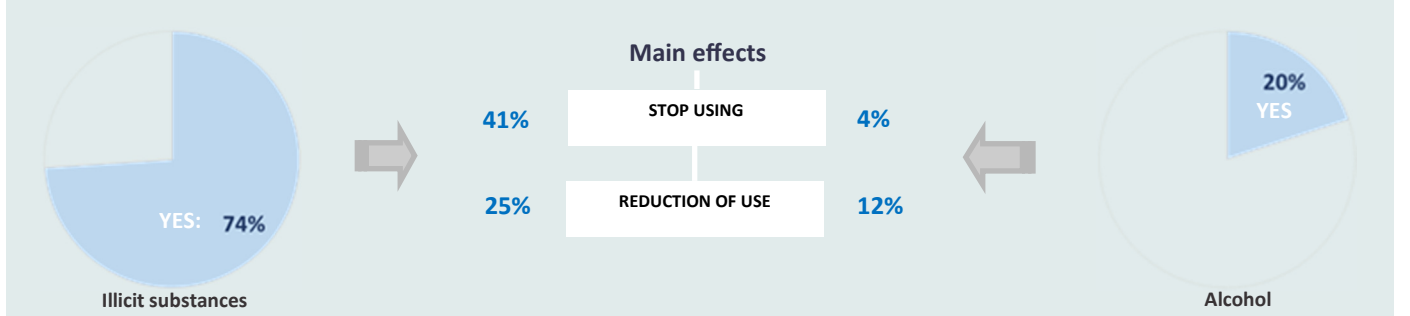
One quarter of alcohol/illicit substances users stop policonsumption



Experience of related substance use **problems** in the previous trimester



Do you think the contact with the CDT had some effect in your substance use?



Probability of occurring problems in case of substance use

Risk perceptions



Illicit substances: most probable problems (T0):

- 1º—with the police/justice 29%
- 2º—financial difficulties 20%
- 3º—dependency 16%

Alcohol beverages: most probable problems (T0):

- 1º—with the police/justice 17%
- 2º—financial difficulties 15%
- 3º—road accidents 15%

Risk perceptions



T0 → T1

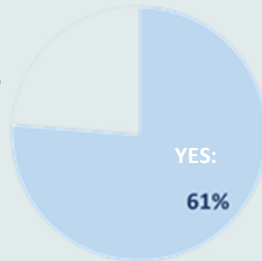
Higher probability conferred to each problem (exception to problems with police/justice)

T0 → T1

Higher probability conferred to each problem (exception to problems with police/justice, school/work and involvement in violence)



Do you think the contact with the CDT changed some of the ideas you had about illicit drugs?



52%: INCREASED KNOWLEDGE OF THEIR RISKS

26%: INCREASED KNOWLEDGE OF THEIR EFFECTS

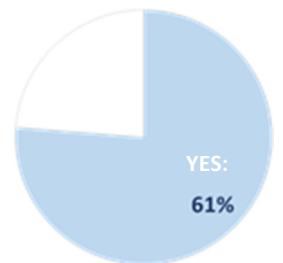
Life style

- T0**
- Less nights out and participation in cultural/sport activities (including music festivals)
- T1**
- More critical assessment on the health aspect of their life style

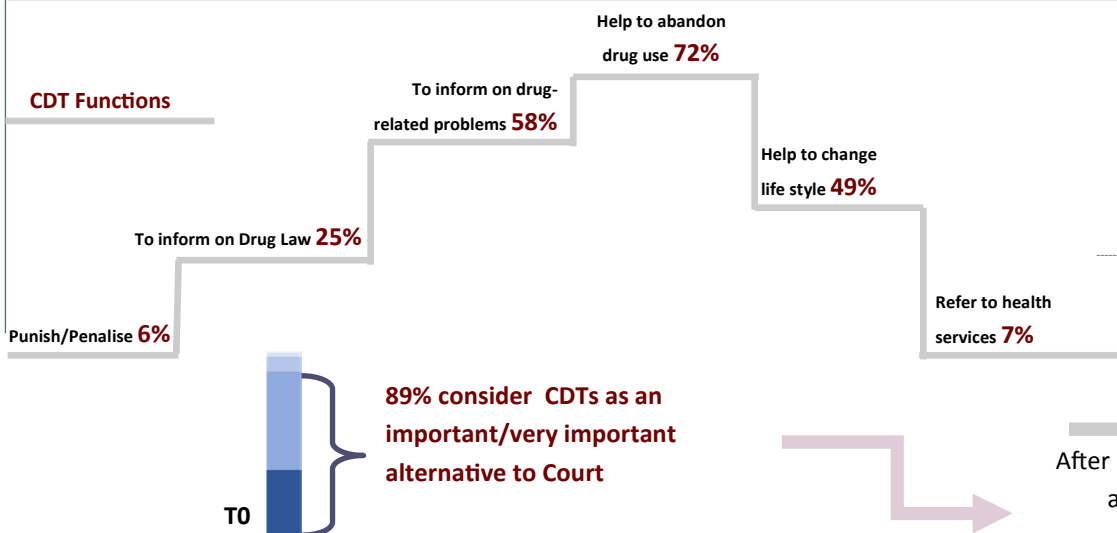
Do you think the contact with the CDT contributed to a change in your life style?

39%: GREATER CARE WITH HEALTH

31%: DEVALUATION OF DRUGS' ROLE IN LIFE



Importance and usefulness of the CDTs



Study report available at:

<http://www.sicad.pt/PT/EstatisticaInvestigacao/EstudosConcluidos/Paginas/default.aspx>

After intervention, CDTs are even more appreciated, in alternative to Courts